

WHEN A FALL OCCURS guidelines for **POST FALL RECOVERY** 11 Tips from a **GENERAL CONTRACTOR**

1 Determine the seriousness of any injury to the fallen employee.

2 Determine the most effective means of rescue.

3 Call emergency services if needed.

4 If possible, allow only trained personnel to participate in the rescue.

5 Stabilize the injured employee if possible prior to moving him to prevent further injury.

6 Lower the employee to a safe area.

7 Re-evaluate injuries, if any.

8 Transport to the pre-designated medical facility, if treatment or drug/alcohol test is required.

9 Check fall protection systems immediately to determine damage.

10 Remove the employee's full body harness and lanyard from service and return for inspection by competent persons.

11 Always conduct an investigation.



IMMEDIATE RESPONSE REMINDER

Assess the fall situation
Check for consciousness or injury
Emergency services notified
Safest and quickest way to perform rescue

